



We're open!

Your safety is our top priority. We are keeping our space squeaky clean and will continue to do so and thoroughly sanitize all rooms and equipment before, during, and after each appointment.

A few business updates:

Welcome! Now that we have our guidelines for operating from the State of Connecticut, we are confident that we have all the necessary procedures in place.

We are practicing social distancing and have installed a plexi glass barrier at the front desk, closed our waiting areas for the time being, removed all food and drink as well as reading materials.

YOUR VISIT: When you arrive for your appointment, please give the front desk a call or give a knock at the door to let us know you have arrived. When we are ready for you to come in we will gesture or call you to come in.

Temperature checks will be administered to team members and guests upon arrival. We also have a short intake form you will be required to fill out prior to EACH visit right now.

You will be required to wear a face mask for the entire visit time with a couple exceptions. We are allowed to have you remove your mask while receiving a facial only. During any service you are laying face down on a massage bed you have the option to leave your mask in place or ask us to make a pillow case hammock so you may remove your mask while you lay face down and put back in place when you turn onto your back.

We encourage contactless checkout when possible (we can process a payment over the phone prior to coming in) or we still are able to accept traditional payments as well. We will still have gratuity envelopes available for cash or check as well.

We know this is an unprecedented time, but we are here to help you to relax, unwind, and destress! Thank you for your understanding of the guidelines we are asked to follow to keep everyone as safe as possible. If there are any questions, please email contact@inneressencespa.com or leave a message at 203-795-4170 and we will call you back promptly.